



# No More Empty Pots

## A Blueprint for the Harvest:

### Developing a Regional Food System

November 19—20, 2010

Metropolitan Community College - Fort Omaha

<http://blueprintfortheharvest.eventbrite.com>

## DETAILS

### No More Empty Pots

hosts two days of hands-on learning and work to develop a regional food system that is socially just, ecologically sound and economically sustainable.

**\$30 for each day**

Includes meals and materials.

◆ 3 Summit Tracks: ◆  
Community | Home | Business

### Classes & Workshops

- edible landscaping
- vermicomposting
- small farms profitability
- community design
- farm to school
- grower & institution contracts where to find local foods
- local scratch cookery.

◆ ↓ To REGISTER ↓ ◆



To register: <http://blueprintfortheharvest.eventbrite.com>  
Contact: [nomoreemptypots@gmail.com](mailto:nomoreemptypots@gmail.com) | 402.972.7330